



MANYAM FRANCHISE SERIES

EXAM CODE: 0024P STANDARD 8 3/8/2015

SUBJECT: **ENGLISH**

TEN OVER TEN REVISION EXAMINATIONS

Read the passage below. It contains blank spaces numbered 1 to 15. For each blank space, choose the best alternative from the choices given

Few people would ___1___ that physical exercise is important for ___2___ health. It is not only those who ___3___ part in competitive sports and games who need to exercise ___4___. Our bodies are ___5___ in such a way that we tend to become weak and lazy ___6___ we remain inactive over long periods of time. The benefits of exercising are ___7___. First, we feel a sense of freshness and fitness as we move ___8___ doing our daily duties. In addition, the circulation of blood ___9___ our bodies is improved. Our immune system is boosted so we don't get ill very often. ___10___, we are able to endure longer periods of ___11___ work without feeling exhausted. Our digestive system is also improved hence our bodies get maximum ___12___ from the food we eat. Vigorous exercises done at least twice a week will enable us to enjoy these benefits ___13___, there is need to consult a doctor ___14___ a person who is experienced in physical training before starting an exercise ___15___ since our bodies differ in type of activities each of us can comfortably do.

	A	B	C	D
1.	Reject	oppose	refuse	deny
2.	Proper	nice	good	full
3.	Take	get	play	have
4.	Regularly	daily	continuously	repeatedly
5.	Set	prepared	made	produced
6.	Since	if	for	while
7.	Much	a lot	enough	many
8.	On	about	along	round
9.	Through	in	about	into
10.	Furthermore	nevertheless	consequently	therefore
11.	Difficult	tough	endless	hard
12.	Advantage	profit	gain	service
13.	Besides	anyway	however	moreover
14.	Even	with	or	also
15.	Plan	process	practice	Programme